

Eastern Suburbs

10th, 11th, 12th, 13th Grade - In-house

2015



Tonight's Format

- Saturday s– Procedure
- Ground set up Rules
- Team structure and coaching points
- Coaching courses
- Clubhub, Draws, Cancellations
- Questions and answers
- Gear distribution



Saturdays

- New format in 2015 with junior/youth in-house
- **Girls – 12.00pm**
- **10th Grade boys – 1.00pm**
- **11th Grade boys – 2.00pm**
- **12th, 13th, 14th Grade boys – 3.00pm**

- **First 3 weeks will be grading. 6 games.**

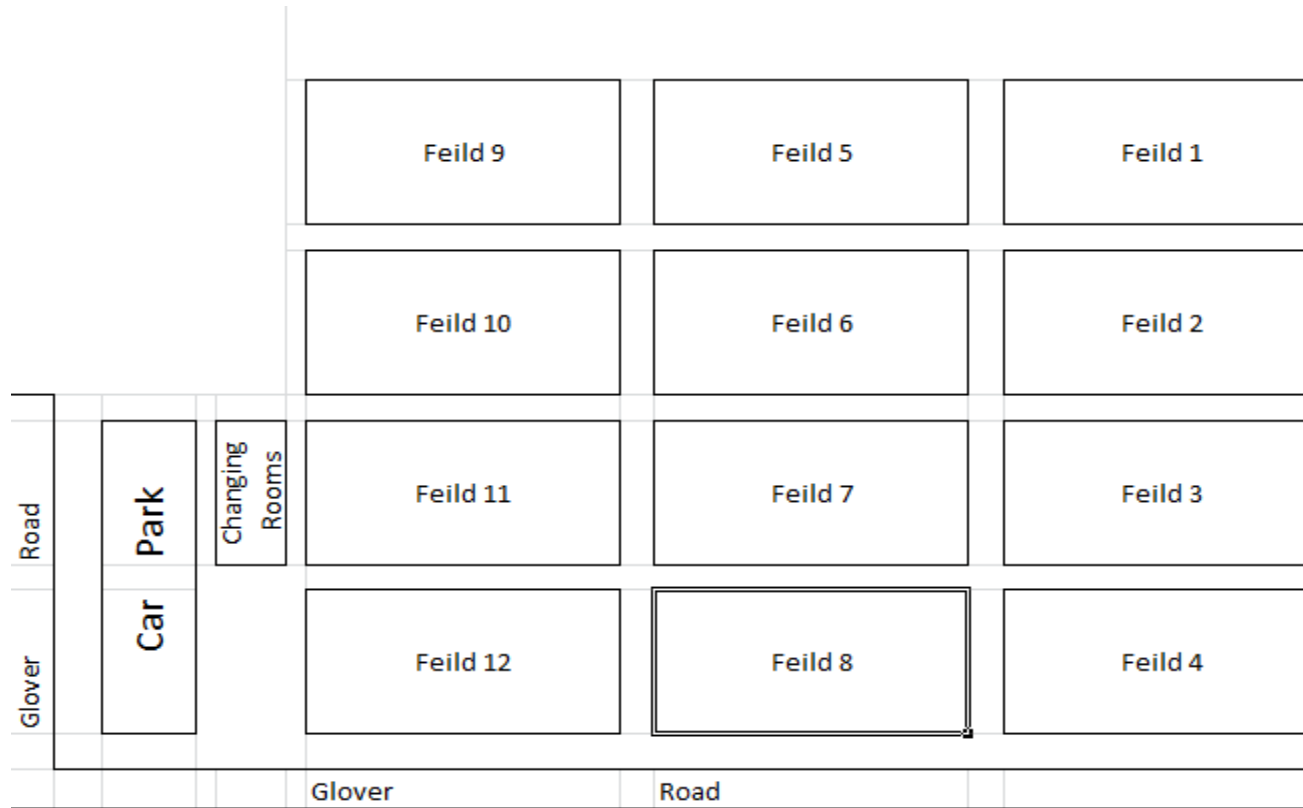


Saturdays

- Each team take **1 small Goal out**. Arrange roster. Some goals will be out.
- Draw on notice board and online
- First 3 weeks grading – 2 games each Saturday – 25mins long
- Game Starts on hooter. Game ends on hooter.
- Three cheers and move to next ground.
- Second game starts on Hooter, finishes on Hooter.
- Oranges (roster), Player of day certificate (Trophy), coaches award.
- Write scores on notice board
- **Last teams put 1 goal per field away in cricket nets. If permanent fixed please leave.**



Fields



Rules youth in-house

- No offsides.
- All players play in the game at the same time. If one team has more players than the opposition then they can either play with a substitute, or give the opposition a player for half a game. If one team has two more players than the opposition then they must give them a player for the whole game. (This would be a different player in each half) If a team has three or more players than the opposition, then you balance them as fairly as possible.
- Refereeing is undertaken by the team coaches. Each coach has half a game. The referee's decision is final.
- Coaches coach from the side-line and not on the field
- At this level throw-ins and corners are taken.
- Players need to throw the ball correctly.
- For goal kicks the goalie kicks the ball from the ground.
- **All opposition players must retreat to half way for goal kicks**
- **Goal keeper cannot kick the ball out of his hands in any circumstances. Throw or pass from the ground. As soon as keeper has ball opposition retreat to half way.**
- Foul throws are given again.
- Free kicks are awarded for offences such as pushing, tripping or holding another player.
- Handball is only penalised if blatant and intentional.
- Bad language or dissent is not tolerated.



Rep players

Rep players also playing in house this year.

They will be on restrictions

- 1 goal per game
- They will be wearing Captains armbands.
- Encouraged to play as a team rather than individual's
- Sometimes wont be able to make games due to their rep games
- Please make them feel welcome.



Additional Information

- Clubhub
- Draws
- Contacts
- Cancellations 083 221 479
- Sausage Sizzle (Max), Photographs (team)
- Club facilities
- Volunteers



Gear Provided

- Bag, label
- Bibs – Gold for away teams (see draw) 1 per player
- Size 4 ball – (put team name on it)
- Whistle / Lanyard
- Coaches Award certificate (16)
- Player of the day trophy (1)
- Goal keeping gloves and shirt
- Captains armband X 2 – does not mean they are the captain.



Thank you



Eastern Suburbs AFC