



What to expect from Eastern Suburbs AFC at Government COVID-19 Alert Levels

Supporting our community of Lilywhites players.

LEVEL 1

- Training & Games to commence as usual
- Courses & Meetings to proceed face-to-face
- Weekly Coach update via WhatsApp

LEVEL 2

- Training and games to commence as usual
- MUST RSVP to courses & meetings
- Spectator restrictions & social distancing implemented
- Weekly Coach update via WhatsApp

LEVEL 2.5

- NO GAMES
- Training in groups of 10 max.
- Courses & Meetings held online
- Weekly Coach update via WhatsApp
- Weekly challenge set via WhatsApp

LEVEL 3 & 4

- NO GAMES & TRAINING
- ESAFC OnDemand
- 'Social Friday' community Zoom events
- Weekly session & activities set for all age groups
- Daily coach check-ins & challenges set via WhatsApp
- NRF/ESAFc Online Education Seminars for players & parents

Please remember:

- If you are unwell, please stay at home.
- Contact Healthline.
- The club requires a negative COVID test, before returning to play.

Our Health & Safety Protocols:

- Attendance tracking at all sessions
- Hand-sanitiser available
- Gear and equipment disinfected regularly
- Training pick-up and drop off zones at Level 2 and 2.5
- Spectator restrictions at Level 2