



NZ Football Accredited Talent Development Programme – Eastern Suburbs AFC

The NZF Talent Development Programme provides an aligned, coordinated approach to the development of high-potential youth footballers, aged 13-17 years. The programme aims to provide a challenging, structured programme for players in an enjoyable environment that maximises player development.

As the game progresses to a higher level of technical and tactical astuteness, the Eastern Suburbs Talent Development Programme is designed around principles of Long-Term Athlete Development for players wishing to reach their highest potential.

At Eastern Suburbs, each week of TDP will consist of three sessions designed holistically for players at a Game Training phase of learning. These sessions look to focus on applying football skills within a team environment by introducing the technical and tactical aspects required to both learn and succeed in a football environment.

Each week players will attend two NZ Football approved Suburbs-sessions, with a focus on injury prevention, coordination activities, and rondo games. Sessions will shift in size and nature to fit the players involved but will follow a structure outlined by our Girls and Youth Directors of Football, Stephen Hoyle and Hoani Edwards.

Alongside these sessions, players will also attend one NZ Football TDP session each week focusing on moments within the game – including attacking, defending, and the transition moments between the two.

All players training in our Eastern Suburbs environment will work within the same playing style and philosophy, as we look to smooth their transition from First Kicks through to Junior, Youth, and Senior Football. Working with a number of technical advisors, the club aims to build players who can compete to the best of their ability – from social players who enjoy the game through to our most committed athletes competing in the domestic National League or on Scholarships and Professional Contracts overseas.

Eastern Suburbs AFC

Madills Farm, 6 Baddeley Avenue, Kohimarama, Auckland

Po BOX 25343, St. Heliers, 1740

Email: admin@easternsuburbs.co.nz

Phone: 09 578 1375